

Spending in Retirement: Understanding the Pandemic's Impact

November 22, 2022

Speakers



Bridget Bearden,
Ph.D.
Research &
Development Strategist
EBRI



Debra A. Gates, Ed.D, CRPC, CFEI Manager Advice & Wellness CAPTRUST



James Veneruso, CFA, FRM, CAIA Senior Solutions Strategist, DC LGIM America

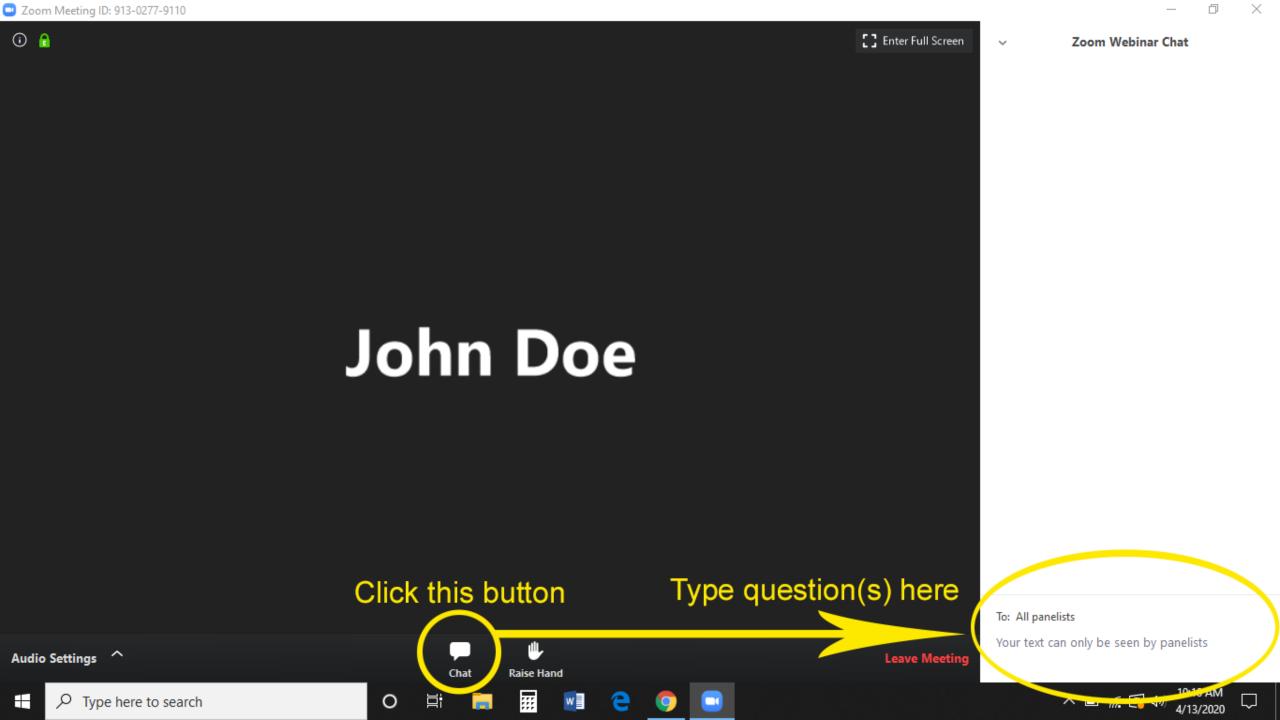


Sharon Carson, CRPC
Retirement Insights
Strategist
J.P. Morgan Asset
Management



Jason Fichtner, Ph.D.
Senior Fellow,
Retirement Income
Institute; Chief
Economist
Bipartisan Policy
Center
(Moderator)







SPENDING IN RETIREMENT SURVEY

The 2nd Spending in Retirement Survey

Respondents qualified for this survey if they were ages 62-75 and considered themselves "retired, not working" or "retired, working part time," or they had an active labor market status but considered themselves retired from a primary career. The survey sought to understand current financial situation, understanding of income sources, sources of information, retirement goals and satisfaction.

Overall data is reported on a weighted basis, based on race/ethnicity, income, and gender. The survey included an oversample of 396 Black and 400 Hispanic Americans. Unless otherwise indicated, data represents a weighted sample size of 1,998. At 95 percent confidence, the margin of error is 2.2 percent in a similarly sized random sample. Please note percentages in the following tables and charts may not total to 100 due to rounding and/or missing categories.



Tableau interactive now available





HOME / RESOURCES / RESEARCH PUBLICATIONS / EBRINTERACTIVE





RETIREMENT STATUS

Retirement Status – Key Takeaways

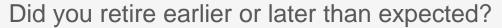
- 1. Over half of current retirees ages 62-75 retired earlier than expected
- 2. Ability to retire and health issues were most common reasons for retirement, but we find variation by race, financial knowledge, and access to advice/planning
- 3. 1 in 3 currently have experience working after being retired from primary career
- 4. Work in retirement is rewarding and provides additional income for discretionary and unexpected expenses

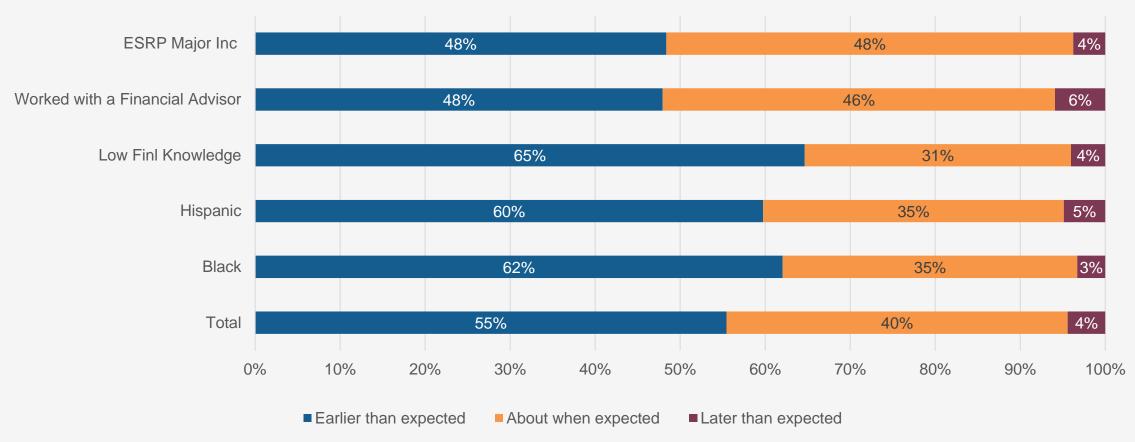


8

Over half retired earlier than expected

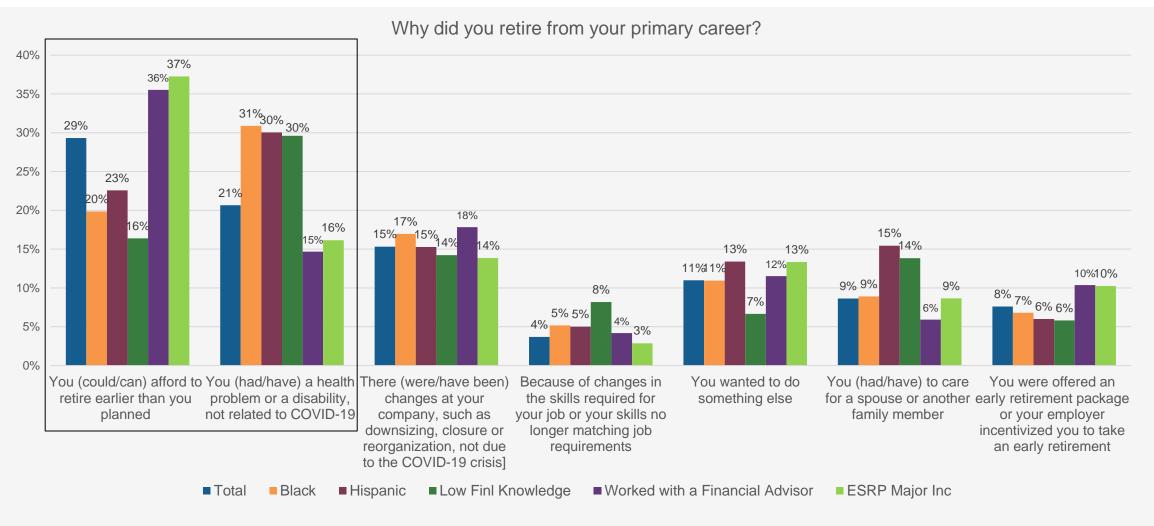
Earlier than expected retirement more likely among low financial knowledge, Black and Hispanic retirees and less likely among those working with an FA or major income from ESRP





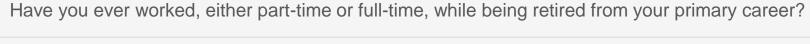


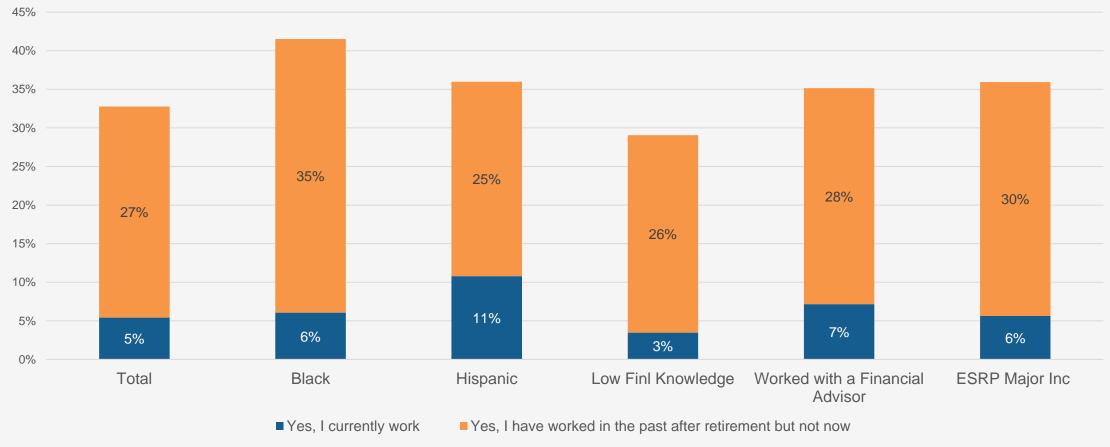
Reasons for retirement vary by race, financial knowledge, and access to advice/planning





1 in 3 currently have experience working after being retired from primary career

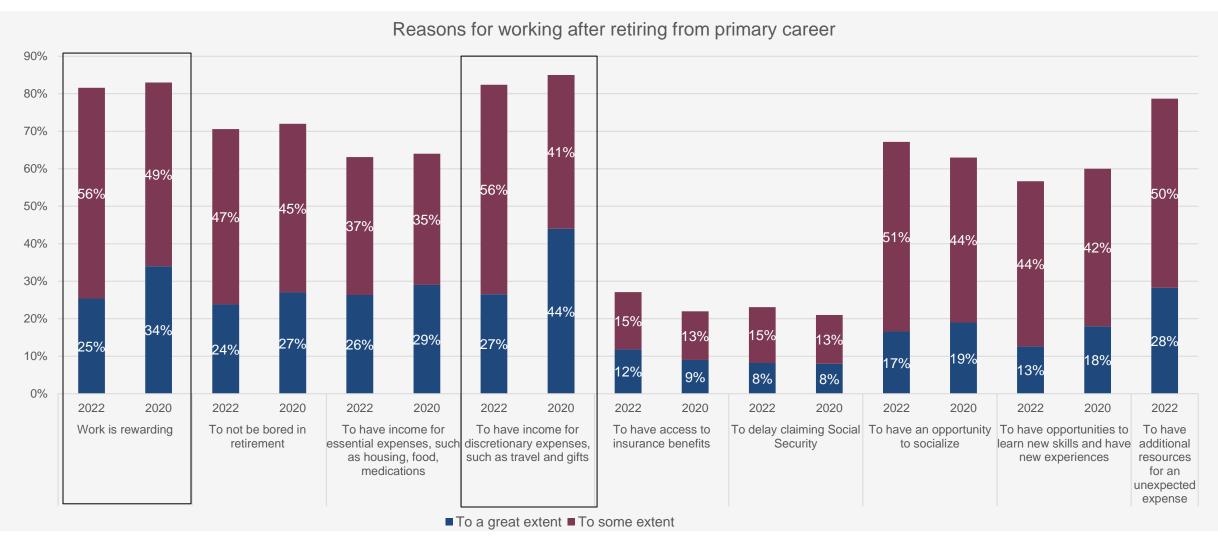




N=655



Work in retirement is rewarding and provides additional income for discretionary and unexpected expenses







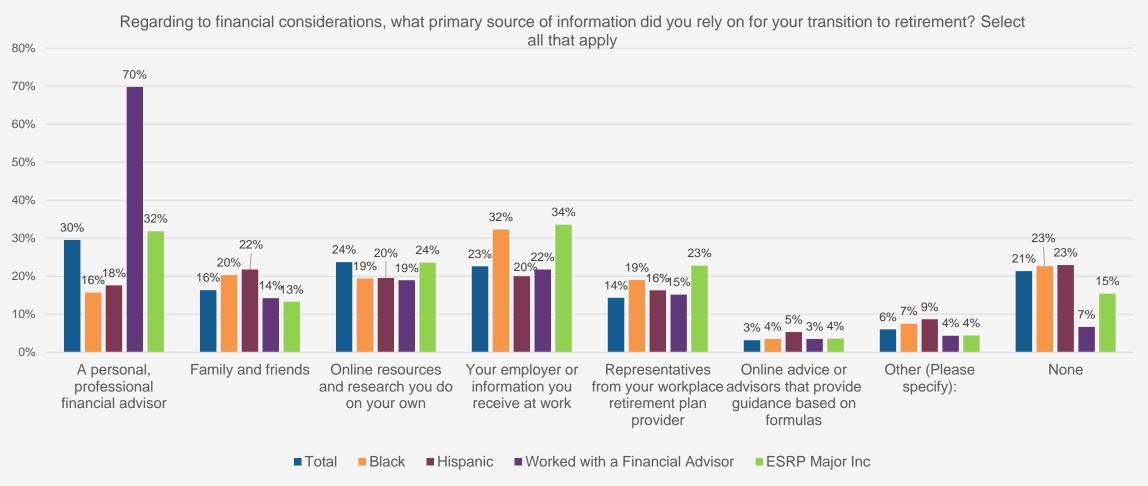
SOURCE OF INFORMATION

Source of Information – Key Takeaways

- 1. About 1 in 3 overall relied on an advisor and 1 in 4 used online or employer-provided resources for information on transitioning to retirement; Black retirees and those with an employer-sponsored retirement plan (ESRP) as a major retirement income source relied on their employers more than overall
- 2. Over half were aware of annuities, those working with a financial advisor and those with ESRP as major source of retirement income were more aware of annuities and investment income
- 3. Advisors were the most common source for current awareness on income strategies, importance of employers highlighted again by Black retirees and those with ESRP income

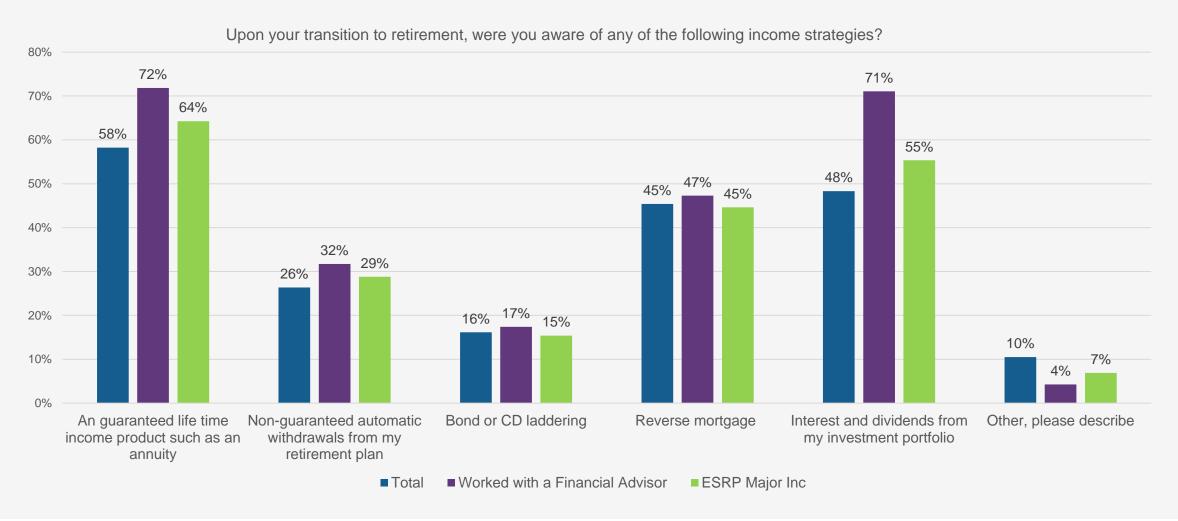


Retirees that use advisors trust them, Black retirees and those with ESRP as a major income source rely on their employers more than overall



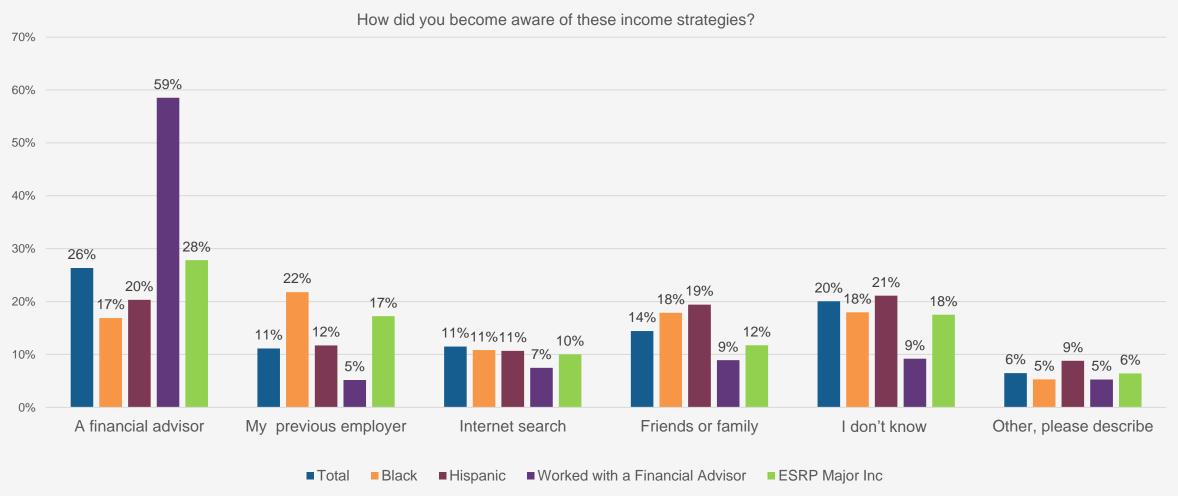


Those working with a financial advisor and those with ESRP as major source of retirement income were more aware of annuities and investment income





Advisors were the most common source for current awareness on income strategies, importance of employers highlighted again by Black retirees and those with ESRP income







SPENDING

Spending – Key Takeaways

- 1. Average monthly spending allocation: 30% on housing, 26% to food, and 13% to health and medical
- 2. More retirees say spending is higher they can afford (17% in 2020 vs 29% in 2022); Black, Hispanic, and low financial knowledge more likely to indicate spending is higher than they can afford
- 3. 54% overall saved enough or more for retirement, compared to about 70% of those with ESRP as major income and those working with a financial advisor
- 4. Housing costs are higher than expected for about 1 in 4 retirees
- 5. 12% of retirees have increased their discretionary spending (vs. 8% in 2020); 27% have increased their essential spending (vs. 23% in 2020)
- 6. Inflation is the leading reason for reduced spending since pandemic



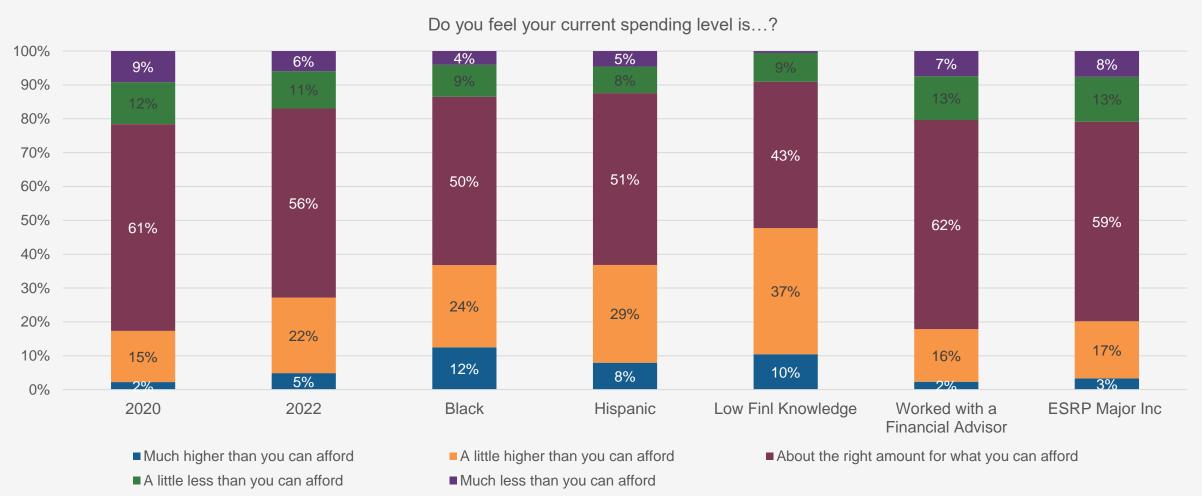
19

Average monthly spending allocation: 30% on housing, 26% to food, and 13% to health and medical

Averages of "Please allocate your monthly spending to the following expenses: Must add to 100%"						
	Total	Black	Hispanic	Low Finl Knowledge	Working with an FA	ESRP Major Income
Housing expenses: Mortgage payments, property taxes, homeowners or renters insurance, rent, utilities, home repairs, home furnishings, cleaning supplies, housekeeping and laundry services, gardening and yard supplies, and gardening and yard services.	30	35	31	34	27	28
Food expenses : Includes food and drink, including alcoholic beverages that are bought in grocery and other stores. Dining out is not included.	26	22	26	27	24	24
Transportation expenses: Include car payments (principal and interest), vehicle insurance, vehicle maintenance, and gas.	11	10	12	11	12	11
Medical and health insurance: Health insurance costs, including Medicare supplemental insurance.	8	6	7	7	9	9
Entertainment expenses: Trips and vacations, tickets to movies and sporting or performing arts events; hobbies and leisure equipment (photography, reading, camping, etc.); dining out in restaurants, cafes, and diners; and take-out food.	8	7	8	7	10	10
Clothing expenses: Include clothing and apparel (including jewelry), as well as personal-care products and services.	6	7	8	5	5	6
Other expenses: Include contributions to religious, educational, charitable, or political organizations, and cash and gifts to family and friends outside the household (including alimony and child support payments).	6	7	5	5	7	7
Out-of-pocket medical costs: Copays, deductibles, medical bills, medical supplies.	5	6	5	5	5	5



More retirees say spending is higher they can afford (17% in 2020 vs 29% in 2022); Black, Hispanic, and low financial knowledge more likely to indicate spending is higher than they can afford

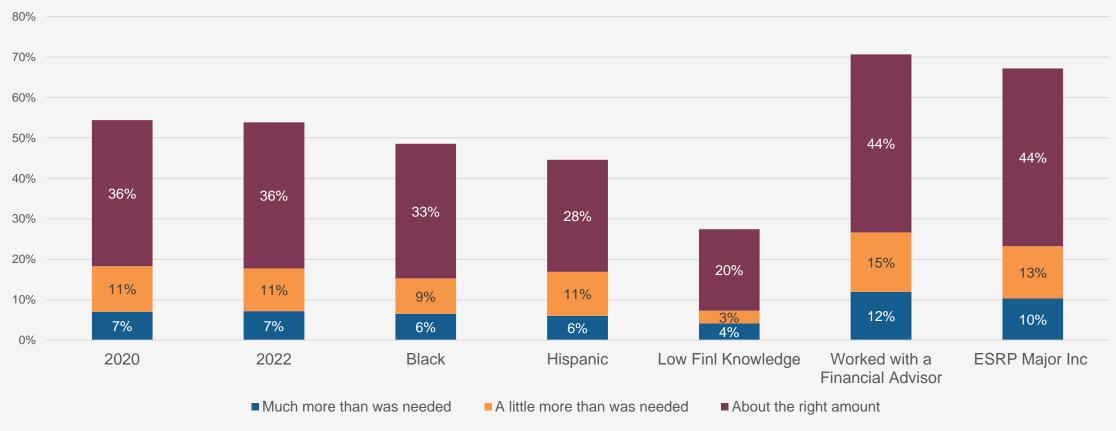




Q51 Do you feel your current spending level is...?

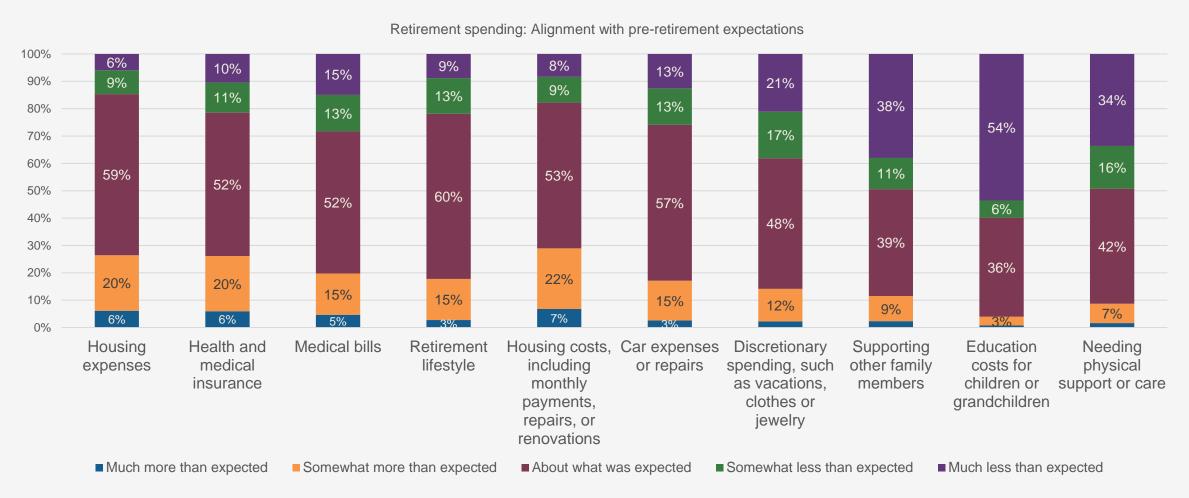
54% overall saved enough or more for retirement, compared to about 70% of those with ESRP as major income and those working with a financial advisor

Given your economic circumstances while you were working, which best describes the amount you saved for retirement





Housing costs are higher than expected for about 1 in 4 retirees

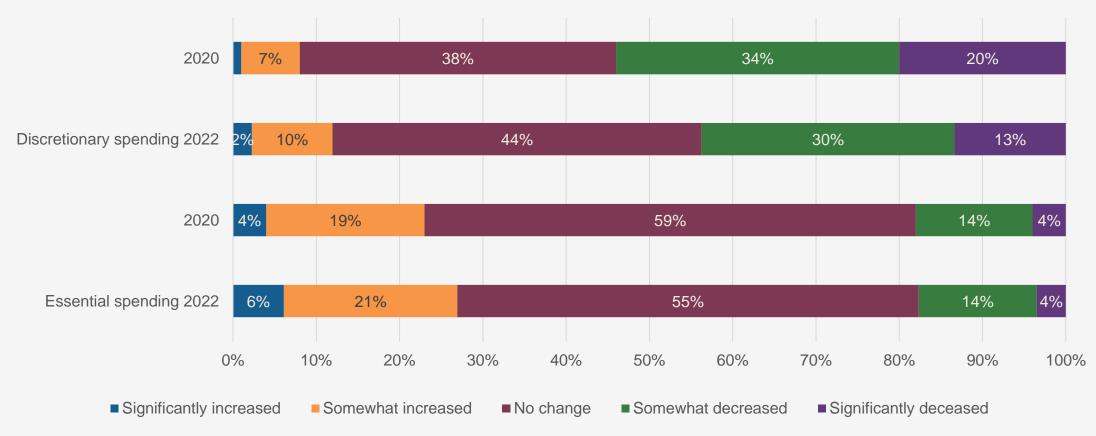


Q58 1 Now that you're retired, how would you describe the amount you spend in the following categories?



12% of retirees have increased their discretionary spending (vs. 8% in 2020); 27% have increased their essential spending (vs. 23% in 2020)

Spending changes since the pandemic

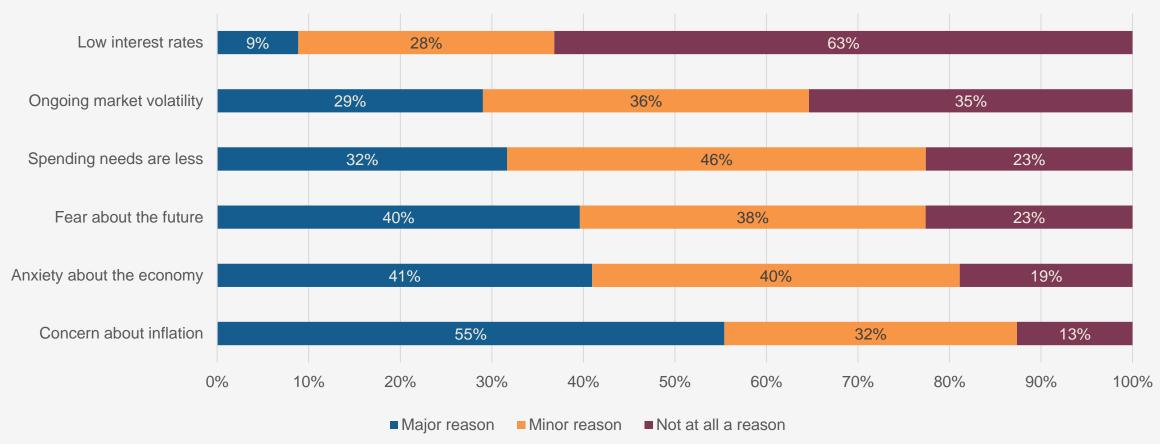


Q65_1 Since the start of the pandemic, how has your spending changed?



Inflation is the leading reason for reduced spending since pandemic





Q66_1 To what extent are the following reasons your spending is reduced since the pandemic?



10 points in summary

- Over half of current retirees ages 62-75 retired earlier than expected
- 2. Ability to retire and health issue were most common reasons for retirement, but we find variation by race, financial knowledge, and access to advice/planning
- 3. About 1 in 3 overall relied on an advisor and 1 in 4 used online or employer-provided resources for information on transitioning to retirement; Black retirees and those with ESRP as a major income source rely on their employers more than overall
- 4. Over half were aware of annuities, those working with a financial advisor and those with ESRP as major source of retirement income were more aware of annuities and investment income
- 5. Average monthly spending allocation: 30% on housing, 26% to food, and 13% to health and medical
- 6. More retirees say spending is higher they can afford (17% in 2020 vs 29% in 2022); Black, Hispanic, and low financial knowledge more likely to indicate spending is higher than they can afford
- 7. 54% overall saved enough or more for retirement, compared to about 70% of those with ESRP as major income and those working with a financial advisor
- 8. Housing costs are higher than expected for about 1 in 4 retirees
- 9. 12% of retirees have increased their discretionary spending (vs. 8% in 2020); 27% have increased their essential spending (vs. 23% in 2020)
- 10. Inflation is the leading reason for reduced spending since pandemic





DISCUSSION

Retirement Insights

Guide to Retirement

SM



Spending & inflation

Agenda

1

2

3

Macro economic background

Steady earners & retirees: cash balances and revolving debt

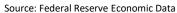
Spending & inflation

4

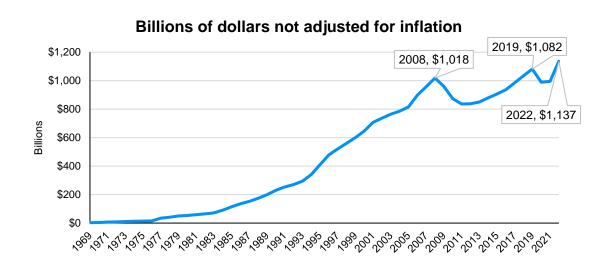
Summary & Implications

Personal savings rate, monthly, seasonally adjusted

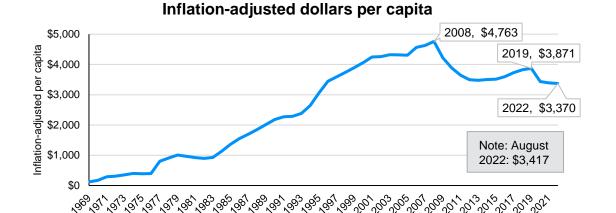




Consumer revolving debt (owned and securitized) in July of each year



Total revolving debt in nominal dollars is at a high point



Although not higher than prepandemic levels on an inflationadjusted basis per capita, revolving debt is significant at more than \$3,400 in August of 2022 per person



Agenda

1

Macro economic background

2

Steady earners & retirees: cash balances and revolving debt

3

Spending & inflation

4

Summary & Implications

Chase household population size and definitions

The population is skewed towards the Northeast and is not representative of the U.S. population, but differences between groups may be observed. Many households experience income shocks but we wanted to compare steady earners to retirees.

Chase households analyzed:

- Core customer households
- Total income & spending at least \$500 per month
- Total income at least \$6,000 per year
- Total spending at least \$6,000 per year
- Outside Chase card spend <= 30% of total spend
- No change to household over the entire period analyzed
- In 2022, 422,378 households with at least 84,000 in each income group

Steady earner:

- No unemployment income
- No retirement income
- No income shocks (no more than 25% negative income shock compared to median income of last 12 months for entire analysis period)
- In 2022, 76,577 households with at least 16,000 in each income group

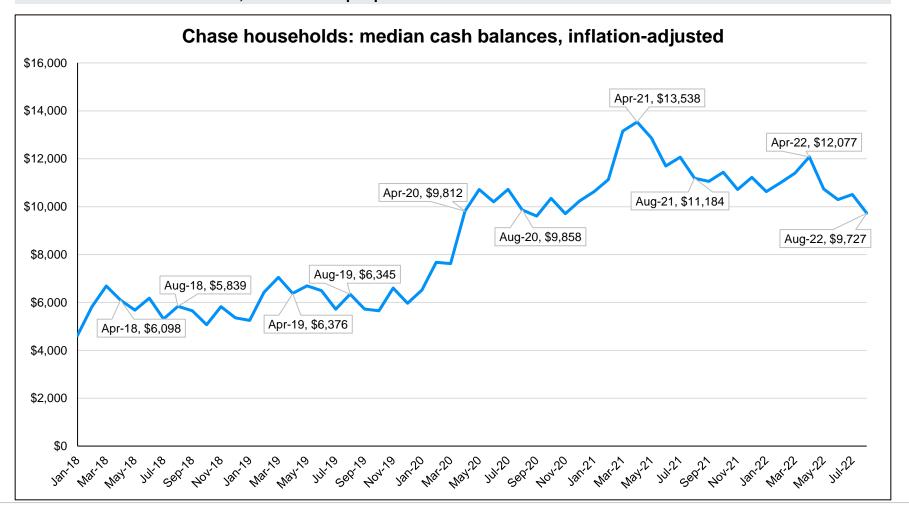
Retiree:

- Social Security, employer plan, IRA, pension or annuity income
- No income from work (excludes partially retired) and no unemployment income
- No income shocks (no more than 25% negative income shock compared to median income of last 12 months for entire analysis period)
- In 2022, 25,077 households with at least 400 in each income group



Chase household median cash balance trend

The median cash balances spiked in April 2020 and 2021, likely due to pandemic relief. After adjusting for inflation, the median cash balances is down, but not below pre-pandemic levels.





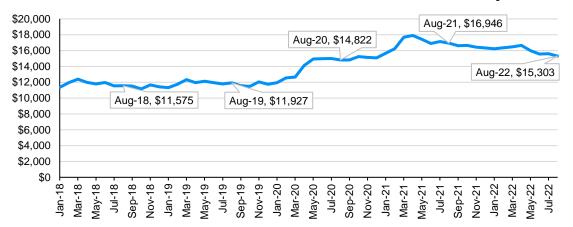
Steady earner and retiree median cash balance trend

Steady earners: median cash balances, inflation-adjusted



The steady earner median cash balance is well above pre-pandemic levels but is on declining trend.

Retirees: median cash balances, inflation-adjusted



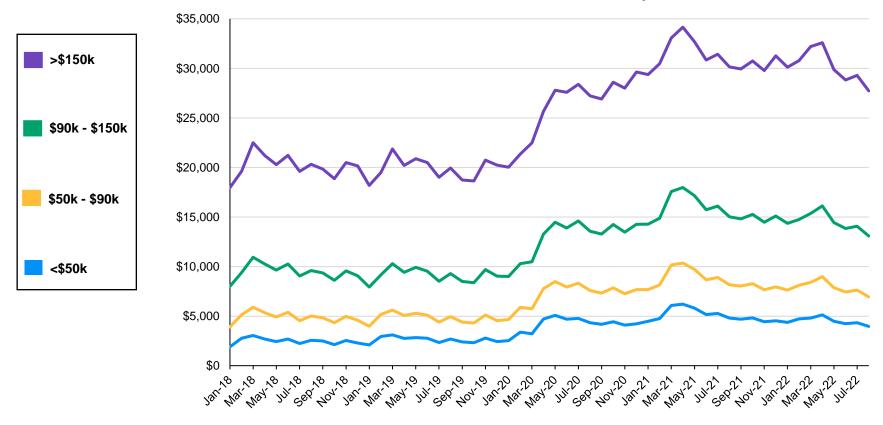
In comparison to the median steady earner household, the median retiree cash balance appears to be robust, although declining as well.



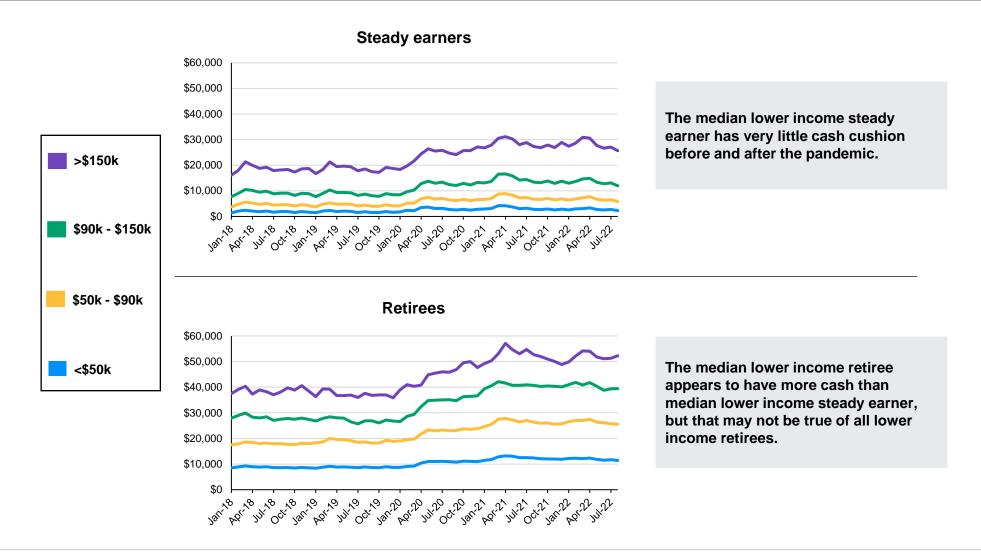
Chase households median cash balance trend, inflation-adjusted

The pattern of an increase in cash during the pandemic and subsequent decline holds across income levels, although not surprisingly the median households with lower incomes have relatively low cash balances.

Median cash balances, inflation-adjusted



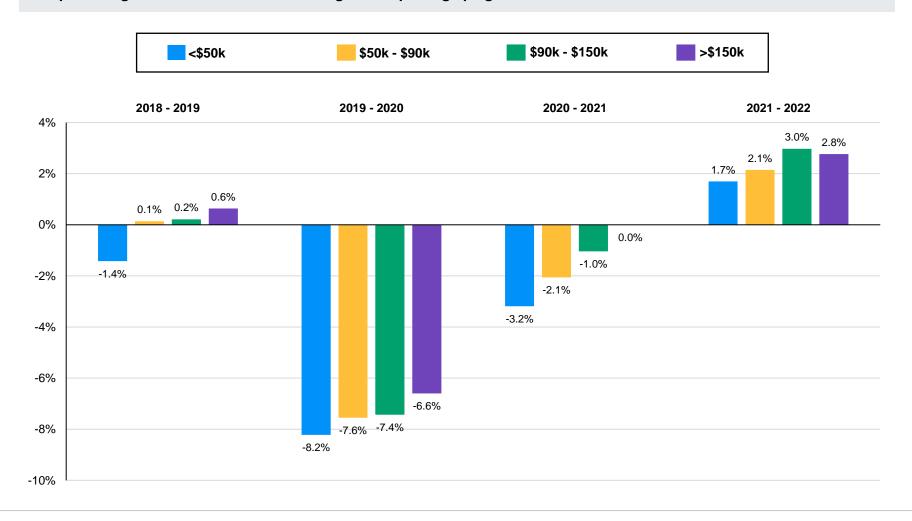
Steady earner and retiree median cash balance trend, inflation-adjusted





Percent change in households with revolving debt August each year

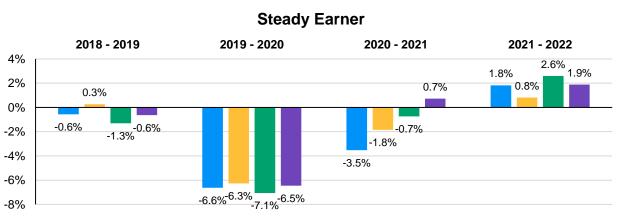




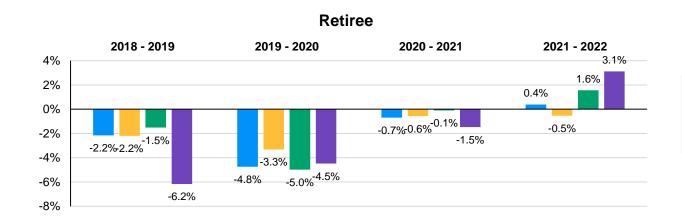


Percent change in households with revolving debt August each year





The pattern is similar for steady earners.



Increase / decrease in use of revolving debt is mixed for retirees.



Agenda

1

Macro economic background

2

Steady earners & retirees: cash balances and revolving debt

3

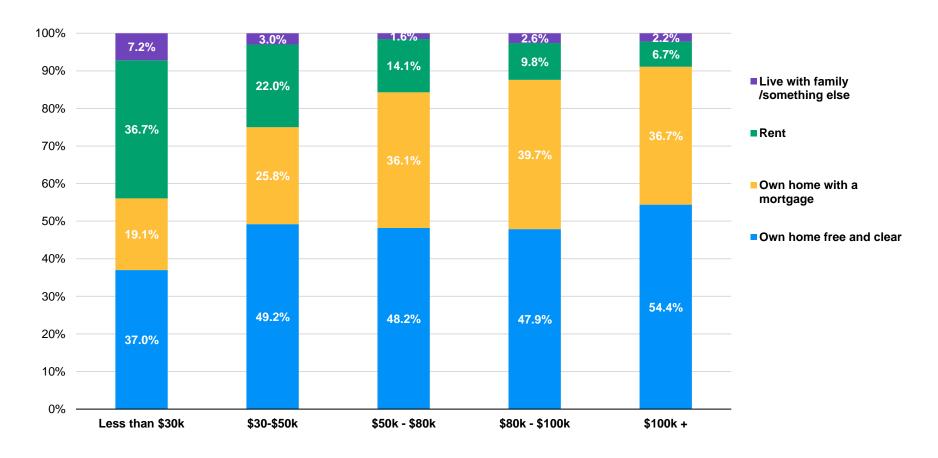
Spending & inflation

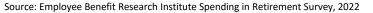
4

Summary & Implications

Retirees who rent are more likely have lower incomes

Almost 5 in 10 of retirees own their own homes free and clear, about 3 on 10 have a mortgage and 2 in 10 rent. A few live with family or have another arrangement. Not surprisingly, renting is much more common for those with lower incomes.

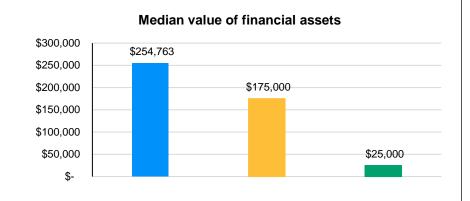




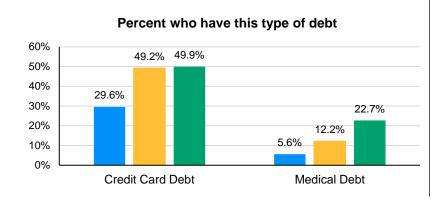


Financial assets and debt





Renters have few financial assets.



Nearly half of renters and households with mortgages have credit card debt and 1 in 5 renters has medical debt.

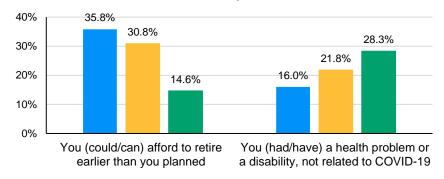
Source: Employee Benefit Research Institute Spending in Retirement Survey, 2022. Financial assets are current assets and include defined contribution plans and excludes home equity and defined benefit plans.



Top reason for retiring earlier than planned differs by housing status



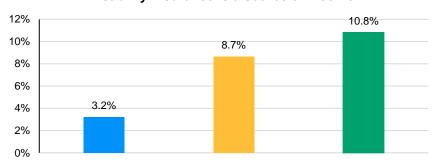
Reason why retired



More than half of retirees said they retired earlier than planned. The top reason differs by housing status:

- · Homeowners: because they could afford to
- Renters: they had a health issue or disability

Disability insurance is a source of income



A significant number of retired households with mortgages and retired renters have disability insurance as a source of income.

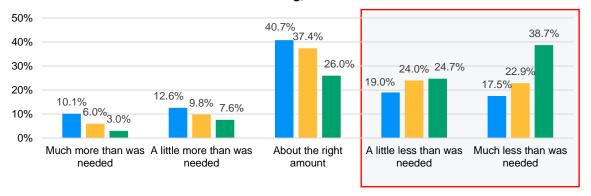
Source: EBRI Retiree Spending Study, 2022; Disability insurance includes the insurance as a major and minor source of income.



The need for more retirement savings

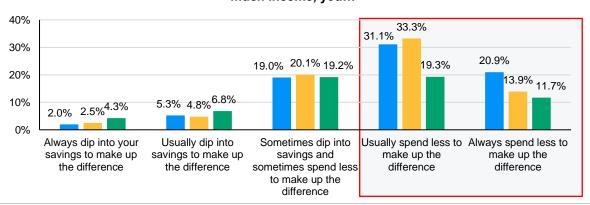


Given circumstances when working, amount saved for retirement was



More than one-third of homeowners say they should have saved more for retirement, while nearly twothirds of renters say the same.

When investments lose value due to a market loss or do not produce as much income, you...



Homeowners are more likely to say they reduce spending if the value of their investments goes down.

Source: Employee Benefit Research Institute Spending in Retirement Survey, 2022



Agenda

1

Macro economic background

2

Steady earners & retirees: cash balances and revolving debt

3

Spending & inflation

4

Summary & Implications



Conclusions & implications

2

Questions & Answers

Q: How are households faring in 2022?

A: While cash balances are higher than prepandemic, they are declining, and the use of revolving debt is going back up. Lower income households have very little cash cushion.

Q: How are retirees faring with inflation?

A: It depends. Those who own homes have a hedge against inflation. Retiree homeowners have more financial assets, less debt and are less likely to be disabled. They are also more likely to retire before they planned because they can afford to do so and less likely to retire before they planned because of a health issue.

Implications

• Emergency savings and debt management are crucial.

- Building retirement savings and housing equity are important to weathering inflation in retirement.
- A significant number of retirees may have been unable to build wealth due to disability – which makes disability insurance a key tool to supplement retirement savings.





Conclusions & implications

3

Questions & Answers

Q: What about market risk?

A: Market risk is greatest for households who pull in and out of the market, and recent retirees may experience a negative return early in retirement (known as sequence of return risk).

Implications

- Moderating spending and increasing guaranteed income through annuities are ways to manage sequence of return risk.
- Managing volatility of returns and not trying to time the market are also important to staying on track for a secure retirement.



Privacy standards

- We're proud to serve nearly half of America's households
- Our analysis of spending patterns is based on proprietary data across JPMorgan Chase
- All data is aggregated, completely anonymized and kept confidential and secure

Data Privacy

We have a number of security protocols designed to ensure all customer data are kept confidential and secure. We use reasonable physical, electronic, and procedural safeguards that are designed to comply with federal standards to protect and limit access to personal information.

There are several key controls and policies designed to ensure customer data are safe, secure and anonymous:

- Before J.P. Morgan Asset Management receives the data, all unique identifiable information, including names, account numbers, addresses, dates of birth and Social Security numbers, is removed.
- J.P. Morgan Asset Management has put privacy protocols for its researchers in place. Researchers are obligated to use the data solely for approved research and are obligated not to re-identify any individual represented in the data.
- J.P. Morgan Asset Management does not allow the publication of any information about an individual or entity. Any data point included in any publication based on customer data may only reflect aggregate information.
- The data are stored on a secure server and can be accessed only under strict security procedures. Researchers are not permitted to export the data outside of J.P. Morgan Chase's systems. The system complies with all J.P. Morgan Chase Information Technology Risk Management requirements for the monitoring and security of data.
- J.P. Morgan Asset Management provides valuable insights to policymakers, businesses and financial advisors, but these insights cannot come at the expense of consumer privacy. We take every precaution to ensure the confidence and security of our account holders' private information.





Disclosures

Unless otherwise indicated, all illustrations are shown in U.S. dollars.

Past performance is no guarantee of comparable future results.

Diversification does not quarantee investment returns and does not eliminate the risk of loss.

Indices are unmanaged and an individual cannot invest directly in an index. Index returns do not include fees or expenses.

The S&P 500 Index is widely regarded as the best single gauge of the U.S. equities market. This world-renowned index includes a representative sample of 500 leading companies in leading industries of the U.S. economy. Although the S&P 500 Index focuses on the large cap segment of the market, with approximately 75% coverage of U.S. equities, it is also an ideal proxy for the total market. An investor cannot invest directly in an index.

The Bloomberg Capital U.S. Aggregate Index represents securities that are SEC-registered, taxable and dollar denominated. The index covers the U.S. investment-grade fixed rate bond market, with index components for government and corporate securities, mortgage pass-through securities and asset-backed securities. These major sectors are subdivided into more specific indices that are calculated and reported on a regular basis.

Bonds are subject to interest rate risks. Bond prices generally fall when interest rates rise.

The price of equity securities may rise or fall because of changes in the broad market or changes in a company's financial condition, sometimes rapidly or unpredictably. These price movements may result from factors affecting individual companies, sectors or industries, or the securities market as a whole, such as changes in economic or political conditions. Equity securities are subject to "stock market risk," meaning that stock prices in general may decline over short or extended periods of time.

Investing in alternative assets involves higher risks than traditional investments and is suitable only for sophisticated investors. Alternative investments involve greater risks than traditional investments and should not be deemed a complete investment program. They are not tax efficient and an investor should consult with his/her tax professional prior to investing. Alternative investments have higher fees than traditional investments and they may also be highly leveraged and engage in speculative investment techniques, which can magnify the potential for investment loss or gain. The value of the investment may fall as well as rise and investors may get back less than they invested.

Opinions and estimates offered constitute our judgment and are subject to change without notice, as are statements of financial market trends, which are based on current market conditions. We believe the information provided here is reliable, but do not warrant its accuracy or completeness. References to future returns are not promises or even estimates of actual returns a client portfolio may achieve.

This document is a general communication being provided for informational purposes only. It is educational in nature and not designed to be a recommendation for any specific investment product, strategy, plan feature or other purposes. By receiving this communication you agree with the intended purpose described above. Any examples used in this material are generic, hypothetical and for illustration purposes only. None of J.P. Morgan Asset Management, its affiliates or representatives is suggesting that the recipient or any other person take a specific course of action or any action at all. Communications such as this are not impartial and are provided in connection with the advertising and marketing of products and services. Prior to making any investment or financial decisions, you should seek individualized advice from your personal financial, legal, tax and other professionals that take into account all of the particular facts and circumstances of your own situation.

Telephone calls and electronic communications may be monitored and/or recorded. Personal data will be collected, stored and processed by J.P. Morgan Asset Management in accordance with our privacy policies at https://www.jpmorgan.com/privacy.

JPMorgan Distribution Services, Inc., member FINRA.

J.P. Morgan Asset Management is the marketing name for the asset management businesses of JPMorgan Chase & Co. and its affiliates worldwide.

If you are a person with a disability and need additional support in viewing the material, please call us at 1-800-343-1113 for assistance.

Copyright © 2022 JPMorgan Chase & Co. All rights reserved.

NOT FDIC INSURED. NO BANK GUARANTEE. MAY LOSE VALUE. 09ws220911220026





DISCUSSION

Upcoming Events

December 1 — 2022 Retirement Summit
VIRTUAL REGISTRATION



Please visit ebri.org for more information or contact info@ebri.org

Provide us your feedback!



Webinar Evaluation